



Te Ara Haumanu

This is to certify that

presented at the

CEPNZ Webinar Series - May 2025

on

6th May 2025

Topic:

*Moving through Menopause: Exercise Prescription
for Women 45+ - Dr. Estelle Watson*

A handwritten signature in black ink, which appears to read 'L. Hodges'.

Lynette Hodges, Chair