

Dear CEPNZ members,

Wow! What a surreal couple of weeks it has been. Like you, we have all been working away to put things into place to see us through this unprecedented time.

As long as New Zealand is in COVID-19 Alert Level 4, all non-essential businesses must remain closed. Many of us will undoubtedly face financial challenges over the coming weeks/months. While we are sure you are aware, the government has introduced a wage subsidy scheme to help reduce this hardship. Eligibility and information on how to apply can be found here:

<https://www.workandincome.govt.nz/products/a-z-benefits/covid-19-support.html#null>

At the present COVID-19 Alert Level 4, strict self-isolation measures must be followed. This means our clinics and gyms must remain closed, thereby preventing face-to-face consultations. RCEPs need to replace face-to-face consultations with appropriate communications via phone, email, and video meetings.

At all other COVID-19 Alert Levels 2 and 3 the Ministry of Health advises that high-risk people remain at home (e.g., those over 70 or those with existing medical conditions) and everyone should attempt alternative ways of working. Even at COVID-19 Alert Level 1, stringent self-isolation and quarantine is recommended. When Alert levels are reduced to 2 and/or removed, we strongly encourage every RCEP and each business to continue to exercise caution should they wish to return to offering face-to-face services for their lower risk clients and continue to adhere to strict health and safety measures.

We know that many RCEPs and their businesses/workplaces have moved to online classes and one-on-one sessions - this has been fantastic to see. There are also numerous free online resources which you may like to direct your clients to during this time. You are welcome to share any resources that you have found on the CEPNZ Facebook page.

The CEPNZ Board meets regularly, with their next Board meeting being scheduled for Saturday 2nd May. Following this meeting a newsletter on recent activity will be issued. Given the uncertainty of this current situation, we encourage anyone with questions/concerns for the Board to please raise these by Friday 1st May so that they can be discussed. You can contact Tyler on info@cepnz.org.nz and he will be able to forward your query to the Board.

We hope that you and your loved ones are staying safe and healthy.

Regards,

CEPNZ Board